

EARTH DAY



What will you do?

EAT SUSTAINABLY

- Plan regular 'no meat' meals
- Buy from local farmers
- Plant a garden or grow your own herbs
- Compost and reduce food waste

REDUCE GASOLINE USE

- Walk or bike for short trips
- No idling!
- Use electric yard equipment
- Carpool or share rides

SUPPORT BIODIVERSITY

- Don't use pesticides or herbicides
- Plant an oak tree
- Grow native plants
- Remove invasive species

REDUCE PLASTIC USE

- Buy in bulk with non-plastic packaging
- Re-use containers
- Don't buy bottled water

ADOPT CLIMATE SOLUTIONS

- Get started - small steps add up
- Speak up about climate change with your friends
- Donate and purchase secondhand

REDUCE HOME ENERGY USE

- Reduce water use - showers and faucets
- Insulate and seal your home
- Turn off unneeded lights especially at night

ACT LOCAL

- Buy from local shops
- Follow "Maine Won't Wait" progress
- Read your town's Comprehensive Plan

CULTIVATE ENVIRONMENTAL AWARENESS

- Enjoy local trails and nature preserves
- Join citizen science projects
- Volunteer for clean-up and trail days

CHAMPION RENEWABLE ENERGY

- Join community solar
- Install home solar panels
- Support wind energy